



welcomes you to our

7th International Tournament



Welcome to Amsterdam Netball Club's seventh Annual International Netball Tournament!

This welcome pack contains all the information you need for a fantastic day of netball. We're thrilled to have you join us in Amsterdam for this exciting event. Get ready for some fun, friendly competition and a great social atmosphere!

We hope this document provides all the key information needed for the event. If you have any questions, please email us or you can ask a member of the Amsterdam Netball Club team (identifiable by their red lanyards and/or red kit) on the day.

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Our first ever ANC tournament in 2017!



Getting bigger in 2019...

1. Overview

Date: Saturday 15th November 2025

Location: Sporthallen Zuid, Burgerweeshuispad 54, 1076 EP Amsterdam

Time: 8.30am - 6pm (please do not arrive before 8am)

Lunch: Please bring your own. There is a “sports café” on site – here you will be able to buy snacks such as chips/fries and Dutch favourite bitterballen. The nearest supermarket is a 10 minute walk from the venue (you will have time to go during the day but it will be tight so it’s best to go in the morning or bring food with you if possible!).

Please note: *Officially, we are not allowed to bring our own food into the sports hall. We expect it will be fine in practice but please do not eat in view of the sports café and tidy your rubbish immediately.*

First aid: Basic first aid equipment (ice packs, tape, plasters) will be available, and a dedicated first aider will be present and able to assist in case of minor injury. For more serious injuries, you will need to visit the nearby hospital – please make sure you have the right travel insurance! ANC does not take any responsibility for any injuries that occur during the tournament, involved with playing netball or any other activity within the venue. Personal health insurance is mandatory to enter the tournament.

Umpires: At least six qualified umpires will be present. Volunteer umpires from ANC and participating teams may also help out.

Teams/format: 18 teams to be split across 3 pools.

Prizegiving: The winners of each pool and MVPs per team will be announced during a prizegiving at the after party.

Social: See you at Feed from 8pm for some well-earned drinks, games, dancing, and celebrations of the European netball community!

2. Tournament structure

18 teams will be participating in the 2025 edition.

As always, it will be a busy day, with a tight schedule of play. Be ready and be vigilant!

Pool round

Approx 9-11am. The first stage of the tournament will consist of six pools of three teams. This means that every team will play two pool matches. Pools will be randomly selected based on the grading you submit in the attached form and will be announced a few days before the tournament.

Competition round

Approx. 11am-5pm. The competitions will be: Cup, Plate and Shield. The winner of each pool will be in the Cup Competition. Second place will go to the Plate Competition. Third place will go to the Shield Competition.

Pool and competition matches carry the following points:

- 3 points for a win
- 1 points for a draw
- 0 point for a loss
- (0 points for a no show, abandonment or referee disqualification)

Finals

Approx. 5-6.30pm. The top two teams from each competition will compete in the Cup, Plate and Shield finals respectively.

Format

All matches will be played in two halves of approx. 8 minutes (tbc based on finalized schedule – we are doing our best to maximize court time!). After each match, don't forget to choose an MVP from your opposition and report this to the scorers. Also please provide a scorer for the next match on the same court.

Please note, the above is subject to change as we finalise the schedule over the coming weeks. The final draw will be sent via email in the days preceding the tournament and handed out to teams on the day, and posted around the venue.

Participating teams

This year's participants are:

Netball Berlin, Hamburg NC, Den Haag NC, Maastricht, Rotterdam NC, Quiche, Norwich Renegades, Utrecht NC, Durham Palatinates NC, Brussels, Copenhagen NC, Netball Munich, Netball Paris, Düsseldorf Cologne (DC) Lightning, Stockholm NC, Amsterdam NC 1, Amsterdam NC 2, and Amsterdam NC 3.

Prizegiving

We will announce the winners of the Cup, Plate and Shield competition at the after party - see section 8 for the all important details!

3. Location

The venue is called Sporthallen Zuid, see: <https://goo.gl/maps/zRDLckhVx8BRKWVE6>

Sporthallen Zuid is one of the largest multi-sports venues in Amsterdam, and located next to the Olympic Stadium (1928). We will be using three courts,

Address

The address of the venue is:

Sporthallen Zuid
Burgerweeshuispad 54
1076 EP Amsterdam

It is an easily accessible location - see details on getting there in the next step!

This is our usual great location with three indoor courts, spread across two halls of this complex. All courts have stands and/or balconies for spectators, who are more than welcome - the noisier, the better (we're looking at you, Hamburg! Can anyone out-shout these lot?!).

There will be changing facilities available. There are also plenty of toilets and shower facilities.

Lockers to store valuables can be accessed for a small fee. Please note that ANC and Sporthallen Zuid do not accept any responsibility for items lost or stolen during the tournament. Please take good care of your belongings.

The sports café on the ground floor (next to Hal 3) will be open all day serving hot and cold drinks (including alcohol) and warm snacks.

4. Transport

Transport from/to the airport

The fastest way to get to the city from the airport is by train. They run very regularly and all night. You can buy tickets from the yellow and blue machines in the airport with a credit or bank card.

Amsterdam Centraal is the main city centre train station but check the route to your accommodation before you travel as other stations such as Amsterdam Sloterdijk or Amsterdam Zuid might be more convenient for your accommodation. All stations are less than a 15 minute train journey from the airport.

Transport to/from Sporthallen Zuid

The easiest way to get to the sports hall is by metro. Metro line 50 stops at station Amstelveenseweg, located just behind the sports hall building. Bus 15 stops a 9 minute walk away, as does Tram 14.

Depending on where you are staying you may be best to take a connecting bus, tram or metro. You can find out the best route through the app 9292 ([9292.nl](https://www.9292.nl)), NS journey planner (www.ns.nl) or, of course, Google Maps.

Tickets

You can tap in and out using contactless or cards on all forms of public transport in and around Amsterdam.

If you plan to travel by public transport for the weekend, consider buying an unlimited travel pass. It saves time and will work out to be around the same cost as single ticket trips if you use it every day. You can purchase these at the airport and most large train stations at the NS Tickets & Service counters (look for yellow machines).

Or go local - and get a bike!

If you want to do it like a local, we suggest you rent a bike! It really is the easiest and most enjoyable way to travel. There are lots and lots of rental companies in the city and everything is accessible by bicycle in Amsterdam. Be warned: if you are planning on exploring the city by bike, we recommend bringing a rain jacket to endure the Amsterdam autumn.

5. Tournament rules

The tournament will be played in accordance with [World Netball 2024](#) (most up-to-date) rules. In addition, we ask that each participant follow these simple rules:

- Be on time - if at least 5 players are not on court after 2 minutes of match time, then the game is forfeited to the other team.
- Fingernails must be trimmed.
- Absolutely no earrings, rings (exceptions can be made for wedding bands) or jewellery of any kind can be worn during a game. The umpires will be very strict on this so please take this into account before you get on court. Taped jewellery will not be allowed!
- Maximum of 3 male players on court at any time playing in different thirds (e.g. if three men are on court, one can play either GS/GA, one in either WA/C/WA, and one in either GD/GK)
- Respect the other players and umpires. Umpires reserve the right to caution players and to ask them to leave the court if deemed necessary.

6. Umpiring

We will have at least six qualified umpires joining us for the day in Amsterdam! Some are coming over specially from the UK, and some are NL-based.

Amsterdam Netball members/volunteers from participating teams may also be umpiring on the day, depending on scheduling (and in case our pros ever need a short break). Not all are qualified - we ask for your understanding in this matter. We know many of you deal with similar challenges in your own clubs.

It goes without saying but just a reminder - we expect all players to respect the umpires and their calls!

7. Food

Please bring your own food. There is a sports cafe on site that sells things like coffee, sports drinks, fried snacks, and beer. It will be open all day.

The nearest supermarket is a 10 minute walk/5 minute cycle from the venue:

<https://goo.gl/maps/pK1Pqjn8w7Pg2pAn9>

Near the supermarket are also some cafes and bakeries that do coffee and tasty cakes to takeaway (but watch out for the playing schedule – time will be tight!).

Please note: we are *officially* not allowed to bring our own food into the sports hall as this is seen as “competing” with the sports café. In reality, this usually isn’t too problematic but please be mindful of this on the day: do not eat in/in view of the sports café, try not to draw attention to your team’s huge picnic, and tidy your rubbish immediately.

8. The after party

We expect the finals to end at around 6pm. But the festivities won’t end there!

From around 8pm (or earlier if you want), we will host an after party at our favourite Amsterdam hang-out, [Feed Amsterdam](#), with tunes from Amsterdam’s funkiest DJs, Bang ‘N Mash. We will have the whole place reserved for us to dance the night away! Expect prizegiving, party games, inter-team mingling, sing- (or shout-) along hits, and plenty of dancing. And maybe jagerbombs.

There’ll also be a raffle where you can win cool stuff! (Tickets will be available to purchase throughout the day).

Want to eat before (or during) the party? Feed is also a great place to grab some dinner. They will be serving a small menu of burgers, pies, and snacks until around 9.30pm, when the kitchen closes. If you want to head straight here (before 8pm), we recommend making a reservation for your team dinner.

Reservation instructions

- Book at <https://www.feedamsterdam.nl/>
- You can only book online for up to 6 people at a time - if you are coming with more (e.g. your whole team), please book 2 x tables
- At the point of booking, there is a box that says “Do you have any other remarks”? Please write “This table is for [insert team name here] - we are part of the Amsterdam Netball tournament”, and the venue will arrange for your team to sit together!

Getting there

Feed is super easy to reach via a direct metro journey (metro 51 to stop “Wibautstraat”), or quick bike ride or Uber from the sports hall. There are plenty of toilets and showers at the sports hall where you can freshen up before heading to Feed for the festivities! In case you want to go back to your accommodation in between, Amsterdam is not a huge city and public transport/cycling makes it pretty accessible.

9. Social media

Please share your favourite pics, vids and TikToks from the day and tag us on Instagram @amsterdamnetball using the hashtags #AmsterdamNetball #ANCTournament2025

In addition, someone from ANC will be organizing team photos on the day so make sure you keep an eye out for this.

We will also have a full tournament photo first thing in the morning, directly after the welcome speech in Hal 1. Be prepared for this, we want to see all your lovely faces!

ENJOY THE TOURNAMENT!

We hope you have a fantastic time at the Amsterdam Netball Club's International Tournament. We look forward to seeing you on the court and on the dance floor!



AMSTERDAM NETBALL CLUB

2025 TOURNAMENT
NOVEMBER 15
SPORTHALLEN ZUID



Games run every 20 minutes

- 2 halves of 8 minutes
- 1 minute half-time
- 3 minute between games



Scoring:

Win = 3 points
Draw = 1 point
Loss = 0 points

Please provide a scorer for
the game directly after
yours



Arrive at 08:30!

Grading round from 9-11 then
split into three pools

Pools run from 11- 5, the top
two in each pool advance to
the finals!



Select an MVP from
your opposing team
after each game

Winners presented
at prizegiving



Prizegiving and social from
8PM at Feed Amsterdam

Raffle winners drawn there!

REMEMBER!



- Be at your court on time for all matches.
- Each team must provide one scorer for the game directly after each of your games



Bring your own lunch, but
please be tidy and do not
leave rubbish around.